

Implementation of a Study Room to Create a Safe and Comfortable Learning Environment Given Pancasila Values

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Abstract: *The objective of this study is to investigate and assess how the application of learning spaces rooted in Pancasila values can contribute to fostering a secure and conducive atmosphere for the learning process. A supportive learning environment is essential in education; However, incidents of bullying frequently occur in various educational institutions, including primary schools, junior high schools, senior high schools, Islamic boarding schools, and other educational institutions across Indonesia. These incidents can disrupt the atmosphere essential for effective learning. Utilizing a literature review method, this study references various journals available on Google Scholar to examine how well the public and teaching staff understand the importance of learning spaces that protect against psychological and emotional threats while providing comfort for students. The findings of this research indicate that applying Pancasila values, particularly the second principle, which emphasizes just and civilized humanity, plays a significant role in reducing bullying behavior and fostering positive interactions within schools. Additionally, other principles of Pancasila can also be implemented to create a safe and comfortable learning environment.*

Keywords: *bullying, Pancasila, study*

Abstrak: Penelitian ini bertujuan untuk menyelidiki dan menganalisis bagaimana penerapan ruang belajar yang berlandaskan pada nilai-nilai Pancasila dapat mendukung terciptanya lingkungan belajar yang aman dan nyaman selama proses pendidikan berlangsung. Meskipun lingkungan yang kondusif untuk pembelajaran sangat penting, kasus perundungan masih sering ditemukan di berbagai lembaga pendidikan, seperti sekolah dasar, SMP, SMA, pondok pesantren, dan institusi pendidikan lainnya di Indonesia, yang berpotensi mengganggu terciptanya suasana belajar yang positif. Dengan metode studi literatur yang mengambil referensi dari berbagai jurnal di Google Scholar, penelitian ini mengkaji sejauh mana pemahaman masyarakat dan tenaga pendidik mengenai pentingnya ruang belajar yang aman dari ancaman psikologis dan emosional serta nyaman untuk berlangsungnya pembelajaran. Temuan dari penelitian ini mengindikasikan bahwa implementasi nilai-nilai Pancasila, khususnya pada sila kedua, memberikan pengaruh yang signifikan, yaitu kemanusiaan yang adil dan beradab, berperan signifikan dalam mengurangi perilaku *bullying* serta mendukung terciptanya interaksi positif di sekolah. Selain menggunakan sila kedua, sila-sila yang lain juga dapat

diaplikasikan dalam menciptakan lingkungan belajar yang aman dan nyaman.

Kata kunci: bullying, pancasila, belajar

Introduction

Importance create environment Study Which comfortable need manifested in activity learning, in where every person own right on atmosphere safe And comfortable, especially For support learning student. Environment This includes various aspects such as physical, social, intellectual, and others (Arianti, 2017). According to the Regulation of the Minister of Education and Culture Number 82 of 2015 concerning the prevention and handling of violence in the world of education, this regulation is designed to create a safe, comfortable, and enjoyable learning atmosphere, while providing protection to all school members from all forms of violence. The Regulation of the Minister of Education and Culture also regulates sanctions for students who commit violence or for educational units. And head school If violence Still happen. Environment Which safe and comfortable must free from threat physique and psychological, like bullying, violence sexual, or intimidation, so that student feel safe For express and interact in the learning process. Mulyasa emphasized that teacher involvement is very important in creating an atmosphere that supports the learning process (Mulyasa, 2013). Along with the development of the times, the character of each student experiences changes that sometimes even deviate. One of the deviations Which often appear in public, especially in institution education, is *bullying*. Bullying is a social phenomenon that can have negative impacts on the psychological, emotional, and physical health of victims. (Anisa et al., 2023). Among students, *bullying* can bother environment learning Which should support and cause a decrease in awareness among students.

Pancasila, as the basic ideology of the state, plays an important role in shaping the morality and character of the younger generation, especially among students. To prevent *bullying*, schools have a major responsibility in providing a safe and comfortable environment. Although there are some students who may engage in *bullying behavior*, the majority of students are not involved in such actions. Therefore, collaboration between teachers and educators is essential to guide students in creating a supportive atmosphere. One way that can be done is by integrating the 5S principle (Smile, Greet, Greet, Be Polite, and Be Courteous) in various activities at school and in the community. This is in line with the values in the second principle of Pancasila which emphasizes the importance of ethics and manners in interacting.

As a country with a rich diversity of cultures, religions, languages, and customs, Indonesia relies on Pancasila as a unifying force for this diversity, in accordance with the motto "Bhinneka Tunggal Ika." This spirit of unity and respect for differences must be instilled early on in schools. Values Pancasila No only

delivered as subject matter, but also needs to be reflected in daily behavior, school culture, and in interactions between students, teachers, and all members of the school community.

Method Study

This research uses a literature study approach as the main method. Method This involving identification, evaluation, And analysis to various research results that are relevant to the topic, research questions, or phenomena being studied (Kitchenham, 2004). The main objective of this study is to evaluate the extent to which the public and educators are aware of the importance of building a safe and comfortable school environment. This study collects various journal references available on *Google Scholar* or other relevant media. Furthermore, the data is analyzed descriptive For evaluate understanding public about effort create a conducive learning atmosphere, and to identify challenges and solutions that can be implemented to support the educational process.

Results and Discussion

The learning environment consists of various conditions that influence the behavior of participants in the learning process, especially teachers and students as the main components in learning activities at school. A supportive learning environment very influence formation And development quality Teacher And students at school. Classroom management is a step to create a supportive classroom atmosphere. Useful subjects aim to provide greater control over the learning process, while providing comfort for students from side psychology And readiness to learn. Various factors can cause a class to be less effective. Addressing this problem involves setting the classroom context, determining communication strategies and styles, and understanding students' psychology during learning.

The learning process occurs in an educational environment that includes various aspects, such as physical, social, intellectual, and values. Physical aspects include existing facilities and infrastructure, while social aspects relate to interactions between individuals, especially between teachers, students, and related parties. in world education. Environment intellectual referring to on atmosphere and conditions that support the development of thinking skills, including software such as learning systems, hardware such as learning tools and resources, and activities that support the development of thinking skills. The value environment contains life principles, such as values. social, economy, political, aesthetics, ethics, And religion Which adopted by certain groups or communities. The success of an effective learning environment is greatly influenced by the availability of facilities that support comfort, such as classrooms, laboratories, and environmental conditions, coupled with the attitude and appearance of educators, and the creation of harmonious relationships between students and teachers and between students. In addition, the organization and learning materials that are in

accordance with the abilities and development of students also play an important role. A comfortable learning environment can raise students' spirits and trigger their activities and creativity.

Creating a pleasant learning space also supports the smoothness of the learning process. One important element in managing a learning space is the arrangement of the space itself. A learning space requires careful attention and planning during the learning process. In addition to being a place to study, the space can also be used as a means to be creative. A well-organized and managed learning space provides comfort and security for students, thereby increasing their concentration while studying.

The characteristics of a good learning environment are not only seen in the facilities, land, or areas at school, but also in the quality of relationships that are maintained between individuals and respect for applicable school norms. An environment which support can be created through various services and activities, one of which is by providing options for students who have varying learning speeds. Personalized services for students, especially those who are slow learners, can increase motivation and interest. Study, make they feel more comfortable, as if study in home, providing remedial support to students in need. In traditional learning systems, some students may face difficulties in participating in a way maximum, so that need support extra from teachers through remedial activities. This also includes efficient, enjoyable classroom management, and creating a safe and comfortable atmosphere to maximize the potential of each student. In addition, it is important to create interesting learning that can motivate students, as well as build relationships which each other value between student and teacher, give chance for students to convey his opinion with comfortable and without fear or shy, encouraging student involvement in the learning and planning process. A teacher's own role is important as mentor and provider of information, while providing opportunities for students to be involved in planning the process. learning. Matter This aiming so that student feel own not quite enough answer on activity study they, make learning as obligation together between teacher and student, in where teacher more functioning as facilitator and information provider (Arianti, 2017).

Values are measurements, guidelines and beliefs held in society. Values function as a guide to action. In addition, values function as a guide in determining one's actions. In society, mark viewed as measure measuring ideal about things which true, worthy, noble, and good (Nurgiansah, 2021). Based on Nurgiansah's view (2021), values aim to form ideal mindsets and behaviors in society. Mark also can trigger spirit in self individual for achieve goals. In addition, values become a tool for monitoring behavior in society, and serve to encourage, guide, and also encourage individuals to behave positively, while serving as a means to strengthen solidarity among members of society.

Every country has noble views, ideas and ideals. In this case, the concept of the

state and its legal system have unique characteristics. in accordance with history And culture nation each. Wrong One Indonesia's uniqueness as a country lies in its size, scope, and diversity. The Indonesian state was founded on five basic principles: as a point of unity that unites the diversity of the nation, as a foothold that establishes the ideology, norms, and culture of the country, and as a direction that provides guidance in national and state life. These five principles are known as Pancasila, which consists of five basic values: Belief in the One Almighty God, Just and civilized humanity, Unity of Indonesia, Democracy guided by the wisdom of deliberation/representation, Justice social for all over people Indonesia (Julia, 2022).

Bullying behavior is considered a violation of the second principle because ignore right And dignity individual, Which happen when somebody being teated unequally by other people who feel superior in certain aspects. Individuals who commit these acts act arbitrarily and do not show love as well as respect. The principle of just and civilized humanity encourages the formation of a society that respects and loves each individual, without distinguishing between ethnicity, race, culture, or religion. Thus, harmonious and peaceful social life conditions are created.

Bullying can be categorized into six types, namely: direct physical contact, this type of bullying is clearly visible and involves physical contact from the perpetrator. to victim, like punching, push, bite, interesting, pinching, scratching, or damaging the victim's belongings. Direct verbal contact, detected through the words we hear, such as insulting, accusing, slandering, humiliating in public, or spreading rumors. Direct non-verbal behavior, a form of intimidation that is not in the form of words but is seen from attitudes, such as gaze cynical, to stick out tongue, or expression to belittle. Action non-verbal which is indirect, such as isolating or ignoring someone. Cyberbullying, that is action Which harm person other through social media, such as posting offensive comments, spreading intimidating videos, or defaming people on online platforms.

Sexual harassment includes aggressive acts that are both physical and verbal. In a study conducted in Indonesia by Rama Nuraini, it was found a number of characteristics general Which owned by perpetrator *bullying* , among others: the tendency to control others, the habit of using others to fulfill one's desires, difficulty in seeing situations from one's own perspective. person other, only think about need and interest personal, often hurts other children when there is no adult supervision, treats weaker friends as targets to be exploited, uses blame and false accusations to reflect incompetence on the victim, is reluctant to take responsibility for actions taken, lacks vision term long, like inability For considering the impact of his behavior.

Conclusion

This study emphasizes the need to create a safe and comfortable learning atmosphere in order to support an effective education process. By prioritizing Pancasila values, schools have a great responsibility in prevent behavior bullying And build atmosphere Which support for students. Fair and civilized human values play a very important role in respecting the rights and dignity of every person. An ideal learning environment is not only reflected in adequate physical facilities but also from interaction social Which positive between student And Teacher as well as management effective classroom. The study recommends a number of strategies, such as personalization of learning, remedial support, and student involvement in lesson planning, use create atmosphere Which support development students' potential optimally.

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