

The Role of Teachers In Building A Positive Educational Environment To Avoid The Threat Of Bullying

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Abstract: *Bullying has been an on going issue for many years. Every year, incidents of bullying continue to rise in different settings and communities . Victims of bullying are not the only ones adults; students can also experience bullying within the school environment . The purpose of this study is to raise teachers ' awareness regarding the necessary responses to bullying in education setting . Utilizing a literature review approach from various sources , including articles , books , and related materials , will help clarify the prevalence of bullying in education and the teacher's role . A secure educational atmosphere is no doubt the best environment for students to receive their education . With no instances of bullying and teachers who proactively intervene before it happens , students can focus on learning comfortable at school . Teachers have the potential to serve as role models for their students concerning moral education . Therefore , it is essential for teachers to embody strong moral values to inspire their students towards good morals .*

Keywords : *Bullying , Teacher , Education , Student*

Abstrak: Bullying merupakan masalah yang telah terjadi selama bertahun-tahun lamanya. Setiap tahun kasus bullying terus meningkat di berbagai tempat dan kalangan. Bullying tidak hanya mengarah kepada orang dewasa, namun para pelajar juga bisa menjadi korban kasus bullying di sekolahnya. Penelitian ini bertujuan agar guru mengetahui sikap yang harus diambil ketika terjadi kasus pembullyingan di lingkungan pendidikan. Dengan menggunakan metode studi literatur dari berbagai artikel, buku serta literatur lain yang terkait dengan bahasan, kondisi bullying di lingkungan pendidikan serta peran guru akan semakin jelas. Lingkungan pendidikan yang aman tentu menjadi tempat yang paling tepat untuk siswa mendapatkan pendidikan. Dengan tanpa ada kasus bullying di sekitar serta guru yang selalu memberikan tindakan sebelum bullying terjadi, para siswa akan dengan nyaman menimba ilmu di sekolah. Guru bisa menjadi panutan bagi siswanya dalam hal pendidikan moral. Oleh karena itu guru harus memiliki nilai-nilai moral yang baik sehingga para siswa bisa memiliki motivasi untuk mempunyai moralitas yang baik.

Kata kunci: Bullying, Guru, Pendidikan, Pelajar

Introduction

As we know, the case Bullying is becoming a major topic in children's problems today , both in schools and in society. Bullying itself is a form of unpleasant action carried out by one party to belittle, hurt or intimidate another party. Bullying can be interpreted as aggressive behavior characterized by repeated behavior due to differences in strength. (Smith & Brain, 2000).

Bullying cases in Indonesia continue to increase every year. As data released by the Online Information System for the Protection of Women and Children (SIMFONI-PPA), which states that in January 2024, there had been 12,787 cases of child protection violations. Of these cases, 1,115 cases occurred in educational environments (Kemenpppa, 2024). With the increasing number of bullying cases , of course this cannot be allowed and must be handled immediately. In cases of dealing with bullying that occurs in schools, the role of teachers is very fatal in preventing bullying by listening to every problem from students in order to create a positive educational environment and avoid bullying cases .

Teachers play an important role for students at school. Teachers are required to be able to create a conducive classroom environment and make students have good morals. The way teachers handle bullying cases is by improving the morals of each student. A teacher must have good morals because students will not feel that moral lessons are needed if someone who teaches does not carry out the moral lessons they give themselves (Faiz, 2022). By having good morals, a teacher will be a role model for each student. The educational environment will be safer if every student and teacher in it has good morals.

Moral improvement is the first step that can be taken to reduce or even eliminate bullying cases in educational environments. Morals can be interpreted as the good or bad behavior of a person (Miswardi, Nasfi, & Antoni, 2021). A student can have bad morals if influenced by their environment. When a student's morals are bad, the possibility of bullying cases will increase. With this, the role of teachers in improving students' morals becomes very important.

Research methods

The method used by the author to compile this article is the literature study method. According to M. Nazir through Salma (2023) the literature study method is a method of finding solutions to problems through research on various sources of library studies such as books, articles, literature, notes, reports and various sources that are relevant to the topic taken.

This method was chosen with the aim of knowing the conditions and roles of teachers in bullying cases from various sources. The data obtained came from various sources of literature studies such as journals, articles, books and other

sources relevant to the topic of discussion. The information obtained will be selected based on the accuracy of the content, year of publication, and the credibility of the sources used.

Results and Discussion

Bullying is a behavior where someone tries to hurt, intimidate, demean or belittle others by using words or physical movements (Setiani, 2024). Bullying can happen anywhere, even on social media. Factors that cause a bullying case can be caused by a lack of harmony in the perpetrator's family, teasing each other with friends, the effects of watching TV or social media and so on.

In the world of education, shocking and disturbing events often occur in the form of bullying. Bullying not only affects the victim, but bullying cases can also affect the educational environment around the place where bullying occurs. An uncondusive atmosphere due to bullying can disrupt the learning process of students. Victims of bullying will also experience physical and psychological trauma.

Bullying cases in educational environments that are increasing every year, certainly get special attention from all parties. The number of bullying cases that occur in Indonesia is difficult to ascertain because when bullying occurs, the victim will be afraid to report the case to others. Most of the reported bullying cases are physical bullying to the victim with witnesses who see and dare to report the bullying cases that occur. Educational environments such as schools and college campuses, in reality until now efforts to overcome bullying from these environments are still very minimal.

Based on data from the SIMFONI-PPA page, bullying cases that occur in Indonesia continue to increase every year. It was recorded that in January 2024 there were 12,787 cases of violations of child protection. Of these cases, 1,115 cases occurred in educational environments. The types of bullying that occurred were divided into three cases, namely physical bullying (55.5%), verbal bullying (29.3%), and psychological bullying (26%) (Kemenpppa, 2024).

The forms of bullying that often occur include physical bullying, verbal bullying, and cyber bullying. Physical bullying is a form of bullying where the perpetrator scares or hurts the victim with body parts or other objects. Verbal bullying is a form of bullying where the perpetrator makes statements that can hurt the victim's feelings. Cyber bullying is a form of bullying where the perpetrator does not deal directly with the victim, but through social media. Cyber Bullying is also defined as an action in the form of sending messages containing disturbing words and defamation that can cause fear in the victim (Akrim & Sulasmi, 2022).

The impact of bullying behavior can be felt by the perpetrator and the victim. The perpetrator will have a deviant character, have a desire to hurt others, have an aggressive and manipulative nature and feel that he is the strongest. While from the victim's side, he will feel excessive anxiety, stress disorder due to trauma (PTSD) or even have physical injuries. In addition, the victim can also feel afraid when going to school which results in a decrease in academic grades and self-confidence (Setiani, 2024).

Bullying perpetrators can be subject to criminal penalties, in accordance with Article 80 of Law No. 35 of 2014 concerning Child Protection, which regulates criminal sanctions of imprisonment or fines. Protection of children against bullying is also regulated in Article 76C of Law No. 35 of 2014, which states that no person may commit violence against children, and in Article 9 paragraph (1a), which states that every child has the right to receive protection from violence from other parties (Indonesia, 2014).

With so many cases of bullying in educational environments, bullying cases are something that teachers need to monitor and be aware of because this cannot be ignored. Teachers as a means of carrying out teaching and learning activities must play a role in overcoming bullying cases. Teaching and learning activities refer to activities to improve a child's abilities in academic and social fields. A teacher who has good qualifications and competence is a teacher who is able to organize learning activities, carry out learning activities and is able to evaluate students who have received lessons from him (Arfandi & Samsudin, 2021).

The role of teachers is very important in overcoming bullying. This is because teachers are responsible for building a positive and safe environment for bullying and students are usually closer to teachers. Teachers can raise students' awareness in fighting bullying and provide good and bad examples to determine whether an act is good or bad. The role of teachers as teachers and educators can supervise and discipline students so that they obey and do not violate the rules and norms at school.

Strategies that teachers can do to prevent bullying are by building a positive environment, providing education about bullying, implementing strict anti-bullying rules that aim to create a safe environment, and providing training for teachers in schools about bullying

In addition to providing education about bullying and providing anti-bullying rules, a strategy that teachers can provide to reduce bullying cases is to implement moral education for each student. Morals are good or bad human behavior (Miswardi, Nasfi, & Antoni, 2021). With good moral education in the educational environment, each student can know and have limits when they are going to do bad things.

Conclusion

Bullying is a case where a perpetrator wants to intimidate, hurt or demean the victim by using physical violence or insulting words. The increasing number of bullying cases in Indonesia must receive more attention, because the impact is not only physical injury but can affect a person's mental health. Bullying perpetrators can be subject to criminal law in accordance with Indonesian law. The punishment received is imprisonment and/or a fine.

Bullying can happen anywhere, one of which is in an educational environment. When a student becomes a victim of bullying, the student can have problems with his/her academics, because from the bullying that occurs a child can get trauma both physically and mentally. Mental trauma is something that is very difficult to treat because the victim will remember the incident for the rest of his/her life.

Teachers are an important role in the educational environment. A teacher is required to be able to design, implement and evaluate the learning activities they do. Learning activities provided by teachers are expected to improve the academic and social abilities of students.

The role of teachers is also very important when a bullying case occurs in an educational environment. As the party closest to the students, a teacher can provide direction to increase students' awareness so that bullying cases will not occur. When a bullying case has occurred, a teacher can provide assistance to the victim to overcome their trauma.

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