

## A Bullying-Free Campus as an Implementation of the Sustainable Development Goals

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**Abstract:** This research is motivated by the ongoing phenomenon of violence. And Bullying in the university environment can hinder the creation of safe and inclusive education as mandated in the Sustainable Development Goals (SDGs). The problem formulation in this study is how effective the Program for Prevention and Handling of Violence in Higher Education (PPKPT) is in creating a violence-free academic environment at Telkom University. Purwokerto. The purpose of this research is For This study aimed to determine students' level of understanding of PPKPT, its implementation on campus, and its relevance to achieving the SDGs. This study used a qualitative approach with in-depth interviews with several students. Interview data were analyzed through stages of reduction, presentation, and conclusion drawing to identify key patterns and themes. The results showed that although PPKPT has been implemented, not all students have Students have limited understanding of its purpose and mechanisms due to limited socialization. However, a culture of mutual respect on campus has supported the creation of a safe learning environment. And conducive. Program PPKPT proven play a role important in support achieving the SDGs, especially in realizing education Which inclusive, equality gender, And violence-free campus environment.

**keyword:** PPKPT, bullying, campus free violence, education inclusive, SDGs.

**Abstrak:** Penelitian ini dilatarbelakangi oleh masih adanya fenomena kekerasan dan perundungan (bullying) di lingkungan perguruan tinggi yang dapat menghambat terciptanya pendidikan yang aman dan inklusif sebagaimana diamanatkan dalam Tujuan Pembangunan Berkelanjutan (SDGs). Rumusan masalah dalam penelitian ini adalah bagaimana efektivitas Program Pencegahan dan Penanganan Kekerasan di Perguruan Tinggi (PPKPT) dalam mewujudkan lingkungan akademik bebas kekerasan di Telkom University Purwokerto. Tujuan penelitian ini adalah untuk mengetahui tingkat pemahaman mahasiswa terhadap PPKPT, implementasinya di kampus, serta relevansinya dengan pencapaian SDGs. Penelitian ini menggunakan pendekatan kualitatif dengan metode wawancara mendalam terhadap sejumlah mahasiswa. Data hasil wawancara dianalisis melalui tahapan reduksi, penyajian, dan penarikan kesimpulan untuk menemukan pola dan tema utama. Hasil penelitian menunjukkan bahwa meskipun PPKPT telah diterapkan, belum semua mahasiswa memahami secara mendalam tujuan dan mekanismenya akibat keterbatasan sosialisasi. Namun, budaya saling menghormati di lingkungan kampus telah mendukung terciptanya suasana belajar yang aman dan kondusif. Program PPKPT terbukti berperan penting dalam mendukung tercapainya SDGs, khususnya dalam mewujudkan pendidikan yang inklusif, kesetaraan gender, dan lingkungan kampus yang bebas kekerasan.

**Kata Kunci:** PPKPT, bullying, violence-free campus, inclusive education, SDGs

## Introduction

Bullying is a form of oppression or violence that is carried out deliberately, by a stronger individual or group, with the aim of repeatedly hurting others. Types of bullying behavior can be divided into verbal and non-verbal (Nasir, 2018). Forms of bullying behavior include physical bullying, verbal bullying, and bullying Mental bullying, also known as social bullying. Physical bullying is the most visible type of bullying and can be observed with the naked eye. Bullying involves touching someone. physical and direct contact with the victim of bullying. Forms of physical bullying include slapping, kicking, stepping on, tripping, hitting, etc. Verbal bullying or Verbal violence is bullying behavior carried out by perpetrator bullying verbally using words and can be heard by others. Forms of verbal bullying include calling names, shouting, cursing, insulting, humiliating in public, booing, making fun of, etc. Mental or social bullying is bullying behavior that is invisible and cannot be detected by the sense of hearing so it is quite difficult for others to know. Forms of bullying mental or social including looking at someone cynically, intimidating them, ignoring them, isolating them, sneering, glaring, and so on (Dewi, 2020).

Violence in higher education environments is a complex and multidimensional problem. This phenomenon not only impacts victims physically and psychologically, but also... Also damage order social, culture academic, And trust against higher education institutions. Although many cases of violence occur on campus, many are overlooked. from handling Because victim feel Afraid report, worry to stigma, or being in an unequal power relationship (Nugroho, 2022; Wulandari, 2023). Students, in particular, become group most prone to Because position they subordinate within the academic structure (Setiawan & Lestari, 2021). Various studies show that violence in higher education is not limited to sexual violence alone, but also includes bullying, verbal abuse, discrimination, psychological violence, and even violence in the form of unfair or repressive policies (Putri, 2020; Ministry of Education and Culture, 2024). Unfortunately, mechanisms for preventing and addressing violence in many higher education institutions are still reactive and not yet systemically integrated. This indicates the need for institutional strengthening and human resource capacity focused on protecting campus residents (Hapsari & Maulana, 2022).

Bullying or harassment is rampant and appears in various forms, ranging from seniority, sexual harassment, cyber bullying, even the spread of rumors. Effort for a bullying- free campus, it has also begun to be implemented by a number of college tall. An example of the impact of bullying is that victims often experience mental health issues, such as depression, anxiety, and long-term trauma. Furthermore, bullying can erode students' self-confidence and lead to lower academic performance. academically. This condition not only harms individuals but also creates an unhealthy learning environment, thus hindering the achievement of SDG 4, which emphasizes the importance of safe, inclusive, and

quality education. Telkom University Purwokerto apply program free bullying with Name program.

Prevention and Handling of Violence in Higher Education (PPKPT), a policy and task force regulated by the Ministry of Education, Culture, Research, and Technology (Kemendikbudristek) through Permendikbudristek Number 55 of 2024. This task force was formed in every college tall For create environment campus A safe, inclusive, and free environment free from various forms of violence, such as physical, psychological, and sexual violence, bullying, discrimination, intolerance, and policies that involve violence. With this approach, the campus has begun to foster a culture of vigilance against violence and bullying, clarified complaint procedures, and improved the institution's ability to respond to reports more professionally.

This study focuses on the effectiveness of implementing the Program for Handling and Preventing Violence in Higher Education (PPKPT) in an effort to create a bullying- free campus at Telkom University. Purwokerto. This is important because even though the PPKPT program has been implemented, a more in-depth study is needed to determine the extent to which the program is able to run according to its objectives, reduce cases of bullying, and create a safe, healthy, and conducive academic environment. for the entire community academics.

This study aims to examine the effectiveness of campus programs free bullying in college tall as well as the relationship with implementation Program Strengthening Higher Education Character Education (PPKPT). Efforts to prevent bullying in campus has received increasing attention in recent years, because through PPKPT it is hoped that a healthy, conducive academic environment will be created, and that it will support the positive formation of student character.

This article provides valuable insights into how the University Violence Prevention and Handling Program (PPKPT) contributes to the creation of a bullying- free campus. Academically, it can enrich studies on prevention strategies and handling bullying in university environment. Practically, the results of this study provide a concrete picture and evaluation material for Telkom University. Purwokerto in implementing PPKPT, And This article can serve as a reference for other campuses seeking to implement similar policies. Furthermore, it is hoped that this article will raise awareness among students, lecturers, and the entire academic community. academics on the importance of maintaining a safe, healthy, and bullying- free campus environment. Furthermore, the implementation of PPKPT supports a bullying- free campus. Also in line with objective development sustainable (SDGs), specifically related to quality education (SDG 4), gender equality (SDG 5), and peace and justice (SDG 16).

## Research methods

Research is an activity in which someone attempts to scientifically seek the truth about an object using scientific methods. Scientific research is a systematic and objective activity. For study a problem in an attempt to reach an understanding of its fundamental principles and generally accepted (theory) regarding this problem (Hasan et al., 2023). In accordance with the title of this research, "Bullying- Free Campus as a Form of Implementation of Sustainable Development Goals," the type of research used is a qualitative approach that focuses on the phenomenon of bullying- free campuses as a form of implementation of the Sustainable Development Goals (SDGs). Qualitative is descriptive research and tends to use in-depth analysis. Process and meaning (the subject's perspective) are more emphasized in qualitative research. The theoretical basis is used as a guide so that the research focus is in accordance with the facts on the ground. Qualitative is also interpreted as research that leads to the study of the natural setting of various social events that occur (Winarni, 2021). Qualitative research is based on the philosophy of post -positivism, because it is useful for studying natural objects, (as opposed to experiments) researchers contribute as key instruments, sample collection, data sources are carried out purposively and snowball, collection methods with triangulation (combination), data analysis is inductive or qualitative, and qualitative research results emphasize meaning rather than abstraction (Sugiyono, 2018). This approach was chosen because it is able to dig deep understanding of students' experiences, views, and perceptions regarding bullying and its prevention efforts in the campus environment.

The technique used in this research was interviews. The interviews were conducted directly with several students with the aim of determining their understanding of the Higher Education Character Education Strengthening Program (PPKPT) and how it is implemented in the university. environment campus, as well as its relevance with efforts to realize sustainable development (SDGs). This method provides students with the space to express their views, experiences, and assessments during the interview process.

The interview technique is a data collection technique by conducting questions and answers, either directly or indirectly face to face. (face to face) with the data source (respondent). Direct interviews are direct questions and answers with the person who is the observation unit and are conducted without an intermediary. The respondent is the source data. Whereas interview No direct done towards the person being asked for information about another person. So the data source is someone other than the object of observation. For example, if you want to observe the work motivation of employees. If the interview is conducted with the employee in question, it means an interview. directly, but if the interview done with his manager That his name indirect interviews (Fatihudin , 2015).

The interview was conducted in person through ask answer with five sources. The results of the interviews were then analyzed through several stages.

First, the researcher do reduction data with selecting information Which relevant in accordance focus research. Second, the researcher drew conclusions from each informant based on the interview results obtained. Third, the researcher compiled an overall conclusion by formulating key patterns and themes regarding the understanding, implementation, and relevance of PPKPT in building a bullying- free campus that aligns with sustainable development goals.

### **Results and Discussion**

The issue of violence in the university environment has recently received increasing attention, not only nationally but also on various campuses, including Telkom University. Purwokerto . Many parties are starting to realize that campus is not It should not only be a place for learning and creating, but also a safe and comfortable space for all its citizens. To support this goal, various universities have implemented the Program for the Prevention and Handling of Violence in the University Environment (PPKPT), which leave from need guard justice, equality, and mutual respect among campus residents.

Interviews about the University Violence Prevention and Handling Program (PPKPT) were conducted in person through a Q&A session with five sources. The first source explained that he knew what PPKPT was, namely a program focused on prevention as well as handling action violence in the university environment. According to him, this program already exists in Telkom University Purwokerto and has been implemented by the campus. However, he assessed that The program's implementation has not been effective, as not all students are aware of the existence and purpose of PPKPT. However, the resource person believes that the implementation of the PPKPT program aligns with the Sustainable Development Goals (SDGs), particularly in creating a safe, equal, and violence-free educational environment. As a suggestion, the resource person hopes that the campus can increase activities or events that introduce PPKPT, for example through webinars, direct outreach, or special training so that students become more aware of and aware of the program's importance.

Next, the second source explained that He know about The University Violence Prevention and Management Program (PPKPT). He learned about the program from an explanation given during the PKKMB (Public Relations and Community Service) activities. He believes that PPKPT is an important program that serves to prevent and address all forms of violence that may occur on campus, whether physical, verbal, or non-verbal. He also stated that this program is indeed Already There is in Telkom University Purwokerto , only just Not yet Lots A student who thoroughly understands the mechanism and its application. In his view, the implementation of PPKPT is underway, but not yet fully effective. because the level of student awareness and participation is still low. Furthermore, The resource person assessed that PPKPT aligns with Sustainable Development Goal (SDG) 16, which aims to create a peaceful, just, and inclusive environment

free from violence. He suggested that the campus hold more frequent outreach and educational activities related to PPKPT, such as seminars, webinars, and other campus events. This way, students can better understand, learn about, and actively participate in supporting the program on campus.

Next, the third source said that he did not yet know clearly about the Prevention Program. And Handling Violence in Environment Higher Education Institution (PPKPT). He admitted that he had never received a direct explanation regarding the program. The although once hear at a glance from Friend or media campus.

According to him, the PPKPT program probably already exists at Telkom University. Purwokerto, but it has not been properly socialized to all students. He believes that its implementation has not been very effective, as evidenced by the fact that many students, including himself, still do not understand the function and purpose of this program. Although not yet familiar with the details, the resource person believes that the objectives of PPKPT are in line with the principles of Sustainable Development Goals (SDGs) numbers 3 and 4, namely ensuring a healthy life and ensuring inclusive and safe education for all. As a suggestion, the resource person hopes that the campus will be more active in introducing PPKPT through various activities, such as open socialization, seminars, and interesting webinars, so that students can be more aware and understand the importance of this program's role in creating a safe and violence-free campus environment.

The fourth source explained that he was familiar with PPKPT. According to him, PPKPT is a program designed to prevent and address various forms of violence occurring in higher education environments, thereby creating a safe, comfortable, and conducive campus environment for learning. He also noted that this program has been implemented at Telkom University. Purwokerto, although not all students fully understand its content and objectives. In fact, he said some students are aware of it but don't really care or consider it important. From his observations, the implementation of PPKPT has not been The program appears to be running optimally, as socialization and information dissemination are still limited. He feels the campus needs to improve information delivery so that all students can truly benefit from this program. The resource person also assessed that PPKPT aligns with the objectives of the Sustainable Development Goals (SDGs), particularly those related to gender equality and creating a safe and comfortable educational environment for all parties. As a suggestion, He convey that campus It would be better to conduct more intensive outreach and educational activities about PPKPT. These activities Can done through program campus, media social, organization student, and webinars, so that information about this program can reach all students and increase their awareness of the importance of preventing and handling violence in the university environment.

Finally, the fifth source explained that he knew about PPKPT or the Prevention and Handling Program. Violence in College Tall as unit campus

assignments that play a vital role in preventing and addressing various forms of violence. This program, he said, includes addressing physical and psychological violence, bullying, sexual violence, discrimination, intolerance, as well as policy Which detrimental to students. He said that the PPKPT program Already implemented in Telkom University Purwokerto, one of which is through outreach activities and seminars discussing the prevention of violence on campus. However, he feels that the distribution of information is still uneven, because not all students are fully aware of it. clear about the program. In his view, PPKPT is very much in line with the Sustainable Development Goals (SDGs), especially point 5 on gender equality and point 16 on peace, justice, and strong institutions. He believes that program This support creation environment campus Which safe, fair, And respect each individual. As a suggestion, the resource person hopes that the campus They can be more proactive in disseminating information on preventing and addressing violence. Furthermore, universities can conduct student surveys to determine whether any have experienced violence, allowing for more appropriate and comprehensive response.

Even though the PPKPT program has officially been implemented, in reality not all of them have... student truly know details or feel direct its role. In Telkom University In Purwokerto, some students even admitted to having only heard about it briefly without a deep understanding of how the program operates or its direct benefits. This is a common occurrence, especially if outreach is limited and hasn't reached all levels of the student body. Yet, outreach on programs like this is crucial for increasing student understanding and knowing how to report or take action when facing or witnessing violence.

However, the social atmosphere on campus is acknowledged to remain conducive and comfortable. each other value as well as flavor togetherness Already take root strong, so that acts of bullying or violence are almost unheard of. So, atmosphere positive This created not only Because existence program PPKPT, But Also Because values Which it has indeed grown among students and the community Academics. Although not everyone knows the details of the PPKPT, the practice of mutual respect creates a peaceful and comfortable atmosphere for learning and activities.

Apart from that, the existence of PPKPT cannot be separated from the commitment of higher education institutions to support sustainable development goals or SDGs, for example in efforts uphold equality gender And create environment Which inclusive as well as fair. The PPKPT program also supports the achievement of these targets, particularly in building a campus that is free from discrimination, safe, and as well as open for all person. Therefore, steps to expand outreach through seminars, outreach, or activities that directly involve students need to be continuously enhanced. The hope is that as more students understand and feel connected to this program, they will become more actively involved in creating a culture of anti-violence on campus. This way, PPKPT will

not be merely a formality but will truly bring tangible benefits to everyday life on campus.

In addition to expanding outreach, there also needs to be real involvement from all campus elements in supporting the sustainability of PPKPT. It's not enough for students to understand; lecturers, educational staff, and student organizations must also be actively involved in creating a violence-free environment. Lecturers, for example, can play a role in modeling mutual respect in the classroom, while student organizations can act as bridges in conveying positive messages to fellow students. In this way, The values of anti-violence are not only conveyed theoretically, but also practiced in daily life. If this collaboration goes well, a safe, comfortable, and respectful campus atmosphere will become a culture that grows naturally, not simply because of rules.

Furthermore, the success of PPKPT also depends on changing the perspective of the entire campus community on the issue of violence. This program should not be understood simply as an administrative obligation or a formality. college tall, but As a joint effort to uphold the values of humanity and the dignity of every individual. When students, faculty, and the university share a shared awareness of mutual respect and the courage to reject all forms of violence, the campus will become a truly safe space for learning and development. Ultimately, the existence of PPKPT is expected to foster a new culture within the university environment, one that values diversity and upholds justice. And grow flavor empathy among all campus residents.

## **Conclusion**

The University Violence Prevention and Management Program (PPKPT) plays a crucial role in creating a safe, open, and free campus environment free from all forms of violence, including bullying. Although this program has been formally implemented at Telkom University, In Purwokerto, research results show that not all students fully understand the program's objectives, mechanisms, and benefits. Lack of outreach is one of the reasons for students' low understanding of the existence and function of PPKPT. However, a culture of mutual respect and a social atmosphere are essential. Which warm in campus While still able to create a comfortable and violence-free learning environment. On the other hand, the existence of PPKPT also supports the achievement of the Sustainable Development Goals (SDGs), particularly in realizing quality education (SDG 4), gender equality (SDG 5), and the creation of a just and peaceful campus (SDG 16). To strengthen the effectiveness of this program, increased outreach is needed. And active involvement of the entire community academics through educational activities, campaigns, and the provision of easily accessible reporting mechanisms. With so, PPKPT No only become a written rule, but actually become part of campus culture Which safe, open to everyone, and upholds justice.

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